



# Boardwalk 5K Run/Walk and Fitness Carnival

The Boardwalk is a 5K run/walk on the Campus of the University of Washington. The event includes a free family one-mile (4 lap) Walk of Champions for all K-12 students and families. Plus a free Fitness Carnival featuring fun-filled events that allow participants to achieve their personal best in activities such as speed jumping, football kicking, running and soccer juggling.

## COURSE ROUTE

University of Washington Campus,  
starting and finishing at Husky Stadium

## DATE

Sunday, April 25, 2010

## TIMES

9:00 Walk of Champions

9:30 5K Run/Walk

10:15 Fitness Carnival

11:00 Awards

## EVENT BENEFICIARY

Fitness Programs at all Seattle Public Schools. Funds raised through this event will enhance the implementation of the new physical education curriculum in Seattle Public Schools. The Five for Life curriculum encourages students to develop healthy fitness and nutrition behaviors for lifelong health. Funds will go directly to the school designated by the participant or donor.

## EVENT SPONSORS

Nintendo

Seattle Children's

## CONTACTS

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